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11 February 2015

Ref: FOI 11223 GLO 11M

Dear

Request under the Freedom of Information Act 2000

Thank you for your request for information received on 30 January 2015, relating to structured diabetes education

I can confirm that Gloucestershire CCG does hold the following information:

1. The education programs provided for people with Type 2 Diabetes within your CCG.

Education programmes provided in the community for patients in Gloucestershire with Type 2 Diabetes to endeavour to meet the needs of all patients include:

DESMOND – Diabetes Education for Self-Management on On-going Diabetes – Referral within 3 months of diagnosis – referred only by nurse or GP when newly diagnosed is currently the commissioned education package for patients with Type 2 Diabetes.

In response to numbers of patients who cancel, do not respond or do not attend DESMOND the team have created several self referral options to offer greater choice to patients;

Diabetes and You – 3 hour structured education session for newly diagnosed and on-going education for patients requiring a refresher or who have never attended a structured programme at any time of diagnosis.

Diabetes Insulin & You (formerly EDITh) – 2.5 hour structured programme for patients started on insulin therapy in the community – open to anyone on insulin therapy by self-referral or surgery referral

Diabetes Food & You – 2.5 hour structured programme delivered by a dietitian for patient's requesting or being referred for additional dietetic support

- **If possible please provide the number of sessions commissioned by program**

Number of DESMOND or Diabetes and You Sessions delivered from January 2014 to January 2015

	DESMOND	D&Y	D,F&Y	D, I&Y	Total groups per month	
January 2014	9	2	0	0	11	
February	9	2	0	0	11	
March	8	1	2	0	11	
April	8	3	2	0	13	
May	8	7	5	1	21	
June	8	2	2	0	12	
July	8	6	2	1	17	
August	9	4	5	0	18	
September	9	4	6	2	21	
October	8	6	9	1	24	
November	8	8	9	1	26	
December	7	5	6	1	19	
January 2015	8	6	7	1	22	
Total					226	

2. If waiting lists exist for these programs please confirm the number of people who have been offered education but not yet received?

There are 82 patients booked onto or awaiting an appointment for an education programme in Gloucestershire. This number includes patients booked for sessions during February and March sessions.

3. When is your provision of this education next intended to be reviewed?

Type 2 patient education is currently under review in the light of new innovation and audit of results and a decision will be made on the preferred programme for Gloucestershire before the new financial year.

4. What is the CCG current expenditure on structured diabetes education.

The total expenditure for patient education can only be estimated as patient education forms an integral role of the Diabetes specialist nurses and dietitians.

An estimate of costs including clinician time, education resources, room hire and clinician travel is approximately £112,000.

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If you are not satisfied with the way in which we have dealt with your request for information, then in accordance with the Act you may ask us to conduct a review of our decision. In which case you should contact me at the above address.

If you remain unhappy with the decision after review you should contact:-

The Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Yours sincerely



Alan Bonfield
Head of IG & Fol
Central Southern CSU
On behalf of Gloucestershire Clinical Commissioning Group