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| **Date** | **Event** | **Audience** | **Title** | **Themes Covered** |
| 27 September 2016 | CCG Annual event Cheltenham Racecourse | GPs | Managing complex pain: a new approach | * Overview of pain * Acute chronic and complex pain * About pain intensity * Recognising complexity * Pain and Evidence * Pain medicines harms data * Focus on opioids effectiveness and harms * Adverse selection in opioid prescribing * Top tips for opioid prescribing * National and regional variation in prescribing * Signposting to resources * Plans for Gloucestershire |
| 9 May 2017 | String of Pearls | GPs |  | * Pain * Pain prescribing * Cost of prescribing * Benefits and harms * Emotional risk factors in relation to prescribing * Where things may be going wrong |

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| 10 May 2017 | Stroud and Berkeley Vale PLT | GPs | Introduction to the management of complex pain | * Overview of pain * Acute chronic and complex pain * About pain intensity * Recognising complexity * Pain and Evidence * Pain medicines harms data * Focus on opioids effectiveness and harms * Adverse selection in opioid prescribing * Top tips for opioid prescribing * National and regional variation in prescribing * Signposting to resources * Plans for Gloucestershire |
| 16 May 2017 | Cheltenham PLT | GPs | Introduction to the management of complex pain | * Overview of pain * Acute chronic and complex pain * About pain intensity * Recognising complexity * Pain and Evidence * Pain medicines harms data * Focus on opioids effectiveness and harms * Adverse selection in opioid prescribing * Top tips for opioid prescribing * National and regional variation in prescribing * Signposting to resources * Plans for Gloucestershire |

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| 17 May 2017 | Masterclass I | GPs |  | * About pain * Pain and emotional comorbidity * About medicines for pain * Pain and evidence * Costs and volume of prescribing * Adverse selection * Influences on prescribing * First do no harm * Managing own feelings in consultations |
| 30 May 2017 | CPOP |  |  |  |
| 13 June 2017 | STP away day | GPs Secondary Care GCS 2Gether Commissioners |  | * Context of the pain programme * Pain programme themes * Case studies |
| June 2017 | Launch of joint formulary | All prescribers |  | * About pain * Acute chronic and complex pain * Role of medicines in pain management * The analgesic ladder for cancer pain * Prescribing guidance drug classes for acute pain * Prescribing guidance drug classes chronic pain * Top tips in opioid prescribing * Warnings and little known facts * Signposting to resources |
| 20 June 2017 | Pharmacy masterclass | Clinical pharmacists |  | * About pain * Pain intensity * Evidence and pain * Pain prescribing nationally and regionally * Costs of prescribing * Where things are going wrong * Formulary * Risk mitigation plan |
| 20 June 2017 | GP visit CPOP 1 Underwood Surgery |  |  |  |
| 21 June 2017 | Masterclass II | GPs |  | * GPs and pain management * Managing patients who don’t get better * Moving conversations forward * Saying no * Managing challenging encounters * Managing own feelings in conversations * Themes from transactional analysis * Support patients in learning new skills * Top tips * Developing personal resilience * Cultural commissioning for pain * Self-management resources |
| 18 July 2017 | CPOP 2 |  |  |  |
| 8 August 2017 | CPOP visit Cam |  |  |  |
| 21 September 2017 | Complex pain visit Cam |  |  |  |
| 4 October 2017 | Masterclass I | GPs |  | * About pain * Pain and emotional comorbidity * About medicines for pain * Pain and evidence * Costs and volume of prescribing * Adverse selection * Influences on prescribing * First do no harm * Managing own feelings in consultations |
| 26 October | GP visit complex patient Cam |  |  |  |

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| 23 November 2017 | Masterclass | PSPs |  | * About pain * Pain intensity * Evidence and pain * Pain prescribing nationally and regionally * Costs of prescribing * Where things are going wrong * Formulary * Risk mitigation plan * Self-management resources |
| 23 November 2017 | Launch Risk Mitigation Plan | Pharmacists |  | * Rationale for RMP * The RMP * Prescribing on discharge from hospital * Building networks for safe prescribing |
|  | Masterclass | Community Pharmacists |  | * Pain management evidence, principles, practice * Prescribed and OTC pain medicines * The joint pain formulary * Role of community pharmacists * Self-management resources |
| 29 November 2017 | Masterclass II | GPs |  | * GPs and pain management * Managing patients who don’t get better * Moving conversations forward * Saying no * Managing challenging encounters * Managing own feelings in conversations * Themes from transactional analysis * Support patients in learning new skills * Top tips * Developing personal resilience * Self-management resources * Cultural commissioning for pain |
| 30 November 2017 | CPOP |  |  |  |
| 8 December 2017 | Implementation of the RMP | PSPs |  | Implementation instructions sent to PSPs  Prompted PSPs to access the results of the Eclipse pain searches for their practice that we had run for the higher risk analgesic patients |
| 10 January 2018 | Complex patient visit Cam |  |  |  |
| 1 February 2018 | CPOP Aspen Surgery |  |  |  |
| 7February 2018 | Quarterly progress meeting | PSPs |  | PSP quarterly progress meeting in which their progress on their RMP implementation work was discussed |
| 22 February 2018 | CPOP |  |  |  |
| 26 April 2018 | Masterclass | Non-medical prescribers |  | * About pain * Pain intensity * Evidence and pain * Pain prescribing nationally and regionally * Costs of prescribing * Where things are going wrong * Formulary * Risk mitigation plan |
| 24 May 2018 | Complex patient visit Aspen |  |  |  |
| 23 August 2018 | Workshop | GPs MSK Pharmacists | Challenging Conversations in Pain Management | * Understanding pain * Understanding complex pain * Role of medical interventions * Challenges in pain conversations * Sharing experience in meeting challenges * Building resilience and support |
| 20 September 2018 | CPOP patient W-u-E |  |  |  |
| 18 October 2018 | Locum event | GP Locums | Introduction to the management of complex pain | * GPs and pain management * What patients want in pain consultations * About pain (acute, chronic, complex) * Pain and evidence * UK prescribing data * Harms data * The Gloucestershire LWwPP * Strategies for safe prescribing |
| 18 October 2018 | Workshop | GPs MSK Pharmacists | Challenging Conversations in Pain Management | * Understanding pain * Understanding complex pain * Role of medical interventions * Challenges in pain conversations * Sharing experience in meeting challenges * Building resilience and support |
| 29 October 2018 | ICS event | 2Gether, GCS, Physio, pharmacy, GP secondary care, Cancer services |  | * Clinical Programmes Approach * About Pain * About evidence and pain * First do no harm * Overview of Gloucestershire pain initiatives. |