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| **CYP IAPT National Curricula/Course portfolio 2016-17** | | **Brief description** | |
| 1 | **CYP IAPT Cognitive Behavioural Therapy for Anxiety Disorders and Depression**  Starts January 2017  0.8FTE  £18.75 salary support | This is post-graduate training and qualification for delivering evidence-based CBT for the treatment of anxiety disorders.  **Who aimed at:**  It is a postgraduate diploma level course. It is aimed at staff on Agenda for Change band 6 or equivalent as a minimum although lower bandings will be considered (and those without core profession) if they submit KSA portfolio. | |
| 3 | **CYP IAPT Parenting Training for Conduct Disorders (aged 3-10 years)**  Starts January 2017  0.8FTE  £18.75 salary support | This is training for mental health professionals in evidence-based parenting for conduct problems in children aged 3-10. It is a postgraduate diploma level course and is aimed at staff on Agenda for Change band 6 or equivalent but other staff will be considered.  **Who aimed at:**  It is aimed at staff on Agenda for Change band 6 or equivalent as a minimum although there is some flexibility for those without a core profession (via KSA) and for those without a degree (grad diploma only). | |
| 4 | **CYP IAPT Systemic Family Practice (SFP) – Either :**  **A/ Depression and Self-Harm, and conduct problems (over 10s)**  **B/ Eating Disorders**  Starts January 2017  0.8FTE  £18.75 salary support | This curriculum will enable mental health professionals to develop their knowledge, skills and competency in SFP for children, young people and families. It is to be delivered as part of the two SFP courses below.  A/ This curriculum will enable mental health professionals to develop their knowledge, skills and competency in SFP for adolescents with self-harm/depression and their families and for young people (over 10 years) with conduct problems. This is a post-graduate diploma level course.  B/ This curriculum will enable mental health professionals to develop their knowledge, skills and competency in SFP for adolescents with eating disorders and their families. This is a postgraduate diploma level course  **Who aimed at:**   * Applicants will need core professional training in a mental health related profession (e.g. psychology, nursing, social work, occupational therapy, speech and language therapy, special needs teaching, psychiatry, other psychotherapy, counsellor). In addition they will need two years experience of working within a professional setting concerned with the mental health of children and young people. Some experience of working with families. | |
|  | **Other Requirements for CBT / Parenting /SFP applicants:**   * Can both pass and use the training, * understand and are motivated to take on the transformation in their role and be champions in their services * front line existing ‘CAMHS’ (as in comprehensive CAMHS) clinicians (Tier 2 and 3 and voluntary and LA)) with basic CAMHS competencies (see Roth and Pilling CAMHS competency framework). * All the trainees will need to meet the competencies outlined in the first two columns of the CORE competencies framework. * It is highly desirable that practitioners have foundation level training in CBT or parenting courses * Ideally applicants will have a core profession (see paragraph below) but please do note this on the application form if this is not the case. CBT and PT applicants that do not have a core profession will need to complete the KSA forms with their application form (prior to interview). * As this is a Masters (M) level course, trainees will need to be able to manage the demands of the course. This will involve written case reports, essays, competency tapes, portfolios etc. Practitioners therefore need to be selected who can manage these academic demands alongside the clinical demands of their course and their family lives. | | |
| 5 | **CYP IAPT Enhanced Evidence Based Practice (EEBP) Curriculum for Child and Adolescent Mental Health Practitioners**  Starts February 2017  £3,125k salary support  25 days attendance at Uni plus 1.5 a week clinical time in service | | The aim of this course is to provide an introduction to the theory and practice of evidence based practice, specifically low intensity Cognitive Behavioural Therapy (CBT).  This is a postgraduate certificate level course and is aimed at staff on Agenda for Change band 5 or equivalent but other staff will be considered  **Who aimed at**:   * The course is aimed at staff with existing core competencies in working with children, young people and families where the child or young person has emotional or psychological problems. * For services operating Agenda for Change banding, the staff grade would be Band 5 or 6. * For services not operating agenda for change, staff need to have core competencies and experience of working with children young people and families – this is not a training course for staff starting from scratch who wish to become mental health practitioners. * This would suit counsellors, social workers, school nurses where there is significant time spent on mental health direct work, parenting workers or family support workers. |
| 6 | **CYP IAPT Supervisor training**  Starts Nov 2016  £12,500 salary support  Up to 1.5 days a week (10 contact days at uni) depending on how many trainees supervised (up to 5) N.B. SFP supervisors will need to provide live supervision so up to 2 days | | The aim of this course is to incorporate CYP IAPT principles into supervisory practice. Supervisors form part of the team of change agents alongside their service management and therapy trainee colleagues. High-quality supervision of trainee therapists is key to ensuring the successful delivery and sustainability of embedding the CYP IAPT principles.  **Who aimed at:**   * A recognised Postgraduate Professional Training or equivalent professional experience at senior level * A minimum of 2 years post qualification supervisory experience in the area undertaken in the relevant modality * A minimum of 4 years experience in child and adolescent mental health services   **Additional criteria for CBT and PT supervisors:**   * CBT supervisors must have either provisional or full therapist accreditation with BABCP * A recognised Postgraduate qualification in CBT, Behaviour Therapy, Social Learning, Parenting – eligibility for/actual accreditation * Supervisors are required to adhere to the BABCP Standards of Conduct, Performance and Ethics in the Practice of Behavioural and Cognitive Psychotherapies and for CBT be accredited or accreditable therapists with the BABCP.   **Additional Criteria for Systemic Family Practice Supervisors:**   * SFP Supervisors must have full family therapist accreditation with AFT. * Supervisors must be AFT registered Systemic Supervisors or for those who meet the competencies required for registration, *eligible* for registration. (AFT will provide processes for achieving registration through an Apel route.) * In areas with limited resource of registered Systemic Supervisors, supervisors would need to have completed a qualifying training in Systemic Family Therapy, have a minimum of 3 years post qualifying experience, have gained previous experience of supervising systemic practice within a CAMHS setting and must make a commitment to start an AFT accredited or equivalent systemic supervision course within 2 years. * Supervisors are expected to adhere to UKCP code of conduct and ethics and AFT Supervisors Code of Ethics.   Supervisors must be trained in the modality in which they supervise – it would not be appropriate for a CBT supervisor with no parent training, for example, to supervise the trainees undergoing the parenting course.   You will need one supervisor for up to five Clinicians undergoing the training |
| 7 | **CYP IAPT Service transformational leadership**  Starts Nov 2016  No salary support  12 contacts days plus 12 study days (plus any transformation work service is wanting them to do in service) | | The aim of this programme is to develop competency in leading service change to deliver evidence based, quality driven, client and outcomes informed services. |

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| 8 | Evidence Based Counselling Practice Curriculum  Starts January 2017  15 weeks - 2 days at HEI plus clinical practice (100 hours)  £18.75 salary support – TBC as cert level so may be less | This curriculum focuses on enhancing counselling practices with children and young people to ensure that they are evidence-based, collaborative, and at an appropriate level of competence. The course will be taught at graduate or postgraduate certificate level.  **Who aimed at:**  Students entering the programme will be expected to either be (a) Qualified counsellors (to diploma level or above, typically two year part-time), with or without experience of working with children and young people; Or (b) Professionals who have experience of working in a counselling role with children and young people, to a level commensurate with exit from a diploma in counselling. |
| 9 | **CYP IAPT evidence based interventions for 0-5s and parents/carers**  Starts January 2017  0.8FTE  £18.75 salary support | The curriculum will improve capability of the wide range of staff working with under-fives and their parents/carers by providing education and training on evidence-based developmental, infant and child mental health interventions.  **Who aimed at:**  The course will be taught at postgraduate diploma level and is aimed at staff on Agenda for Change band 6 or equivalent, although other staff will be considered |
| 10 | **CYP IAPT Combination therapy for prescribing practitioners**  Starts January 2017  3 terms (full year); 1.5 days per week (plus clinical practice – tbc)  £18.75 salary support | This curriculum will meet the needs of prescribers working in CYP MH services. In particular, it will support prescribers e.g. psychiatrists, nurse prescribers and others to integrate psychoactive drugs with other treatments with psychosocial interventions.  **Who aimed at:**  The course will be taught at a postgraduate certificate level and students entering the programme would be expected to have either a primary medical degree or another primary degree with a non-medical prescribing qualification. |
| 11 | **CYP IAPT Evidence Based Psychological Therapies for Children and Young People with an Autism Spectrum Disorder and / or Learning Disability**  Starts January 2017  15 weeks - 2 days at HEI plus clinical practice (100 hours)  £18.75 salary support | This curriculum will support and train existing clinicians in addressing the specific needs that these children and young people bring.  **Who aimed at:**  The course will be taught at graduate and postgraduate diploma on Agenda for Change band 5 and above. There is also the option of an introductory module to staff on lower bandings. |

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| 12 | CYP IAPT whole team training for inpatient CAMHS teams  10 days | This is in development and will be published Autumn 2016 and will be available for 2017-18 |