

Reference: FOI 23556 GLO 11M

Subject: IAPT & Mental Health Services

QUESTION	RESPONSE
<p>1. If your organisation is a commissioner of services which are usually designated as IAPT (Improving Access to Psychological Therapies) Services, 'primary care' and 'Step 2/3' services, please send the following information for these services (Form 1):</p>	
<p>Are these services commissioned or not commissioned by your organisation?</p>	<p>IAPT services are commissioned by Gloucestershire CCG</p>
<p>Please provide information on the total cost of this service for the period 1 April 2016 to 31 March 2017.</p>	<p>The figure for the total cost 2016/17 is not available at this point in time. The figure for 2015/16 was £4,714,000.</p>
<p>If this service is commissioned by you in collaborative or joint arrangements with other Clinical Commissioning Groups please provide their names.</p>	<p>Gloucestershire IAPT services are not commissioned in collaboration with any other CCG.</p>
<p>Please give the names of providers of these services commissioned by you.</p>	<p>IAPT services are commissioned from 2gNHSFT</p>

For each of the following psychological therapies/treatments:

CAT (Cognitive Analytic Therapy)

CBT (Cognitive Behavioural Therapy)

CS (Counselling)

CT (Cognitive Therapy)

DBT (Dialectical Behaviour Therapy)

DIT (Dynamic Interpersonal Therapy)

EFT (Emotion Focused Therapy)

IPT (Interpersonal Therapy)

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LTPP (Long Term Psychodynamic Psychotherapy) (An explicit expectation of open ended treatments in excess of 1 year)

MBT (Mentalization Based Therapy)

ST (Systemic Therapy)

STPP (Short Term Psychodynamic Psychotherapy) (An explicit expectation of short treatments in less than 16 sessions)

TFP (Transference Focused Psychotherapy)

Please provide the following information:

Please give the number of staff delivering the psychological therapy/treatment in whole time equivalents (WTEs). If none please state 'none'. If not known please state 'not known'.

For each of the years 1 April 2014 to 31 March 2015, 1 April 2015 to 31 March 2016, and 1 April 2016 to 31 March 2017 please provide the number of completed treatments/episodes for each psychological therapy/treatment. If none please state 'none'. If not known

Gloucestershire CCG does not hold this detailed information; this will need to be sought from the service provider 2gether NHS Foundation Trust who can be contacted by going here:

<https://www.2gether.nhs.uk/freedom-of-information/>

<p>please state 'not known'.</p>	
<p>Please list the names of outcome measures used with each psychological therapy/treatment, prioritised with your considered most important measure first, and to a maximum of three measures. If none please state 'none'.</p>	
<p>Please provide the 'mean start score' and mean end score' for each of the outcome measures you have listed, used with each psychological therapy/treatment, for each of the years 1 April 2014 to 31 March 2015, 1 April 2015 to 31 March 2016, and 1 April 2016 to 31 March 2017. Where, as standard, 'start' is the first recorded measure at the beginning of therapy/treatment and 'end' is the last recorded measure at the end of therapy/treatment. If none please state 'none'. If not known please state 'not known'.</p>	
<p>2. If your organisation is a commissioner of services which are usually designated as Secondary Mental Health Services, 'secondary/tertiary care' and 'Step 4/5' services, please send the following information for these services (Form 2):</p>	
<p>Are these services commissioned or not commissioned by your organisation?</p>	<p>Complex Psychological Intervention services are commissioned from 2gether NHS Foundation Trust by Gloucestershire CCG</p>

<p>Please provide information on the total cost of this service for the period 1 April 2016 to 31 March 2017.</p>	<p>The figure for the total cost 2016/17 is not available at this point in time. The figure for 2015/16 for all psychological interventions was £6,797,000.</p>
<p>If this service is commissioned by you in collaborative or joint arrangements with other Clinical Commissioning Groups please provide their names.</p>	<p>Gloucestershire Complex Psychological Intervention services are not commissioned in collaboration with any other CCG.</p>
<p>Please give the names of providers of these services commissioned by you.</p>	<p>Complex Psychological Intervention services are commissioned from 2gether NHS Foundation Trust</p>
<p>For each of the following psychological therapies/treatments:</p> <p>CAT (Cognitive Analytic Therapy) CBT (Cognitive Behavioural Therapy) CS (Counselling) CT (Cognitive Therapy) DBT (Dialectical Behaviour Therapy) DIT (Dynamic Interpersonal Therapy) EFT (Emotion Focused Therapy) IPT (Interpersonal Therapy) LTTP (Long Term Psychodynamic Psychotherapy) (An explicit expectation of open ended treatments in excess of 1 year) MBT (Mentalization Based Therapy) ST (Systemic Therapy) STPP (Short Term Psychodynamic Psychotherapy) (An explicit expectation of short treatments in less than 40 sessions) TFP (Transference Focused Psychotherapy)</p> <p>Please provide the following information:</p>	

<p>Please give the number of staff delivering the psychological therapy/treatment in whole time equivalents (WTEs). If none please state 'none'. If not known please state 'not known'.</p>	<p>Gloucestershire CCG does not hold this detailed information; this will need to be sought from the service provider 2gether NHS Foundation Trust who can be contacted by going here: https://www.2gether.nhs.uk/freedom-of-information/</p>
<p>For each of the years 1 April 2014 to 31 March 2015, 1 April 2015 to 31 March 2016, and 1 April 2016 to 31 March 2017 please provide the number of completed treatments/episodes for each psychological therapy/treatment. If none please state 'none'. If not known please state 'not known'.</p>	
<p>Please list the names of outcome measures used with each psychological therapy/treatment, prioritised with your considered most important measure first, and to a maximum of three measures. If none please state 'none'.</p>	
<p>Please provide the 'mean start score' and mean end score' for each of the outcome measures you have listed, used with each psychological therapy/treatment, for each of the years 1 April 2014 to 31 March 2015, 1 April 2015 to 31 March 2016, and 1 April 2016 to 31 March 2017. Where, as standard, 'start' is the first recorded measure at the beginning of therapy/treatment and 'end' is the last recorded measure at the end of therapy/treatment. If none please state 'none'. If not known please state 'not known'.</p>	

The information provided in this response is accurate as of 07 December 2017, and has been authorised for release by Kim Forey, Director of Integration for NHS Gloucestershire CCG.