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| **Date** | **Event** | **Audience** | **Title** | **Themes Covered** |
| 27 September 2016 | CCG Annual event Cheltenham Racecourse | GPs | Managing complex pain: a new approach | * Overview of pain
* Acute chronic and complex pain
* About pain intensity
* Recognising complexity
* Pain and Evidence
* Pain medicines harms data
* Focus on opioids effectiveness and harms
* Adverse selection in opioid prescribing
* Top tips for opioid prescribing
* National and regional variation in prescribing
* Signposting to resources
* Plans for Gloucestershire
 |
| 9 May 2017 | String of Pearls | GPs |  | * Pain
* Pain prescribing
* Cost of prescribing
* Benefits and harms
* Emotional risk factors in relation to prescribing
* Where things may be going wrong
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| 10 May 2017 | Stroud and Berkeley Vale PLT | GPs | Introduction to the management of complex pain | * Overview of pain
* Acute chronic and complex pain
* About pain intensity
* Recognising complexity
* Pain and Evidence
* Pain medicines harms data
* Focus on opioids effectiveness and harms
* Adverse selection in opioid prescribing
* Top tips for opioid prescribing
* National and regional variation in prescribing
* Signposting to resources
* Plans for Gloucestershire
 |
| 16 May 2017 | Cheltenham PLT | GPs | Introduction to the management of complex pain | * Overview of pain
* Acute chronic and complex pain
* About pain intensity
* Recognising complexity
* Pain and Evidence
* Pain medicines harms data
* Focus on opioids effectiveness and harms
* Adverse selection in opioid prescribing
* Top tips for opioid prescribing
* National and regional variation in prescribing
* Signposting to resources
* Plans for Gloucestershire
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| 17 May 2017 | Masterclass I | GPs |  | * About pain
* Pain and emotional comorbidity
* About medicines for pain
* Pain and evidence
* Costs and volume of prescribing
* Adverse selection
* Influences on prescribing
* First do no harm
* Managing own feelings in consultations
 |
| 30 May 2017 | CPOP |  |  |  |
| 13 June 2017 | STP away day | GPs Secondary Care GCS 2Gether Commissioners |  | * Context of the pain programme
* Pain programme themes
* Case studies
 |
| June 2017 | Launch of joint formulary | All prescribers |  | * About pain
* Acute chronic and complex pain
* Role of medicines in pain management
* The analgesic ladder for cancer pain
* Prescribing guidance drug classes for acute pain
* Prescribing guidance drug classes chronic pain
* Top tips in opioid prescribing
* Warnings and little known facts
* Signposting to resources
 |
| 20 June 2017 | Pharmacy masterclass | Clinical pharmacists |  | * About pain
* Pain intensity
* Evidence and pain
* Pain prescribing nationally and regionally
* Costs of prescribing
* Where things are going wrong
* Formulary
* Risk mitigation plan
 |
| 20 June 2017 | GP visit CPOP 1 Underwood Surgery |  |  |  |
| 21 June 2017 | Masterclass II | GPs |  | * GPs and pain management
* Managing patients who don’t get better
* Moving conversations forward
* Saying no
* Managing challenging encounters
* Managing own feelings in conversations
* Themes from transactional analysis
* Support patients in learning new skills
* Top tips
* Developing personal resilience
* Cultural commissioning for pain
* Self-management resources
 |
| 18 July 2017 | CPOP 2 |  |  |  |
| 8 August 2017 | CPOP visit Cam |  |  |  |
| 21 September 2017 | Complex pain visit Cam |  |  |  |
| 4 October 2017 | Masterclass I | GPs |  | * About pain
* Pain and emotional comorbidity
* About medicines for pain
* Pain and evidence
* Costs and volume of prescribing
* Adverse selection
* Influences on prescribing
* First do no harm
* Managing own feelings in consultations
 |
| 26 October | GP visit complex patient Cam |  |  |  |

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| 23 November 2017 | Masterclass | PSPs |  | * About pain
* Pain intensity
* Evidence and pain
* Pain prescribing nationally and regionally
* Costs of prescribing
* Where things are going wrong
* Formulary
* Risk mitigation plan
* Self-management resources
 |
| 23 November 2017 | Launch Risk Mitigation Plan | Pharmacists |  | * Rationale for RMP
* The RMP
* Prescribing on discharge from hospital
* Building networks for safe prescribing
 |
|  | Masterclass | Community Pharmacists |  | * Pain management evidence, principles, practice
* Prescribed and OTC pain medicines
* The joint pain formulary
* Role of community pharmacists
* Self-management resources
 |
| 29 November 2017 | Masterclass II | GPs |  | * GPs and pain management
* Managing patients who don’t get better
* Moving conversations forward
* Saying no
* Managing challenging encounters
* Managing own feelings in conversations
* Themes from transactional analysis
* Support patients in learning new skills
* Top tips
* Developing personal resilience
* Self-management resources
* Cultural commissioning for pain
 |
| 30 November 2017 | CPOP |  |  |  |
| 8 December 2017 | Implementation of the RMP | PSPs |  | Implementation instructions sent to PSPsPrompted PSPs to access the results of the Eclipse pain searches for their practice that we had run for the higher risk analgesic patients |
| 10 January 2018 | Complex patient visit Cam |  |  |  |
| 1 February 2018 | CPOP Aspen Surgery |  |  |  |
| 7February 2018 | Quarterly progress meeting | PSPs |  | PSP quarterly progress meeting in which their progress on their RMP implementation work was discussed |
| 22 February 2018 | CPOP |  |  |  |
| 26 April 2018 | Masterclass | Non-medical prescribers |  | * About pain
* Pain intensity
* Evidence and pain
* Pain prescribing nationally and regionally
* Costs of prescribing
* Where things are going wrong
* Formulary
* Risk mitigation plan
 |
| 24 May 2018 | Complex patient visit Aspen |  |  |  |
| 23 August 2018 | Workshop | GPs MSK Pharmacists | Challenging Conversations in Pain Management | * Understanding pain
* Understanding complex pain
* Role of medical interventions
* Challenges in pain conversations
* Sharing experience in meeting challenges
* Building resilience and support
 |
| 20 September 2018 | CPOP patient W-u-E |  |  |  |
| 18 October 2018 | Locum event | GP Locums | Introduction to the management of complex pain | * GPs and pain management
* What patients want in pain consultations
* About pain (acute, chronic, complex)
* Pain and evidence
* UK prescribing data
* Harms data
* The Gloucestershire LWwPP
* Strategies for safe prescribing
 |
| 18 October 2018 | Workshop | GPs MSK Pharmacists | Challenging Conversations in Pain Management | * Understanding pain
* Understanding complex pain
* Role of medical interventions
* Challenges in pain conversations
* Sharing experience in meeting challenges
* Building resilience and support
 |
| 29 October 2018 | ICS event | 2Gether, GCS, Physio, pharmacy, GP secondary care, Cancer services |  | * Clinical Programmes Approach
* About Pain
* About evidence and pain
* First do no harm
* Overview of Gloucestershire pain initiatives.
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